

Zeitplan 01.05.2018 6.Sportfest des SSV Nord / ELAC Erfurt, Sportplatz Essener Straße							Stand: 6-4-2018				
Zeit	U6-U10 m+w	m U12	m U14	m U16	m U18 - Sen	w U12	w U14	w U16	w U18 - Senn	Zeit	
09.30	Beginn									09.30	
09.45	Kinder-Leichtathletik Absicherung durch Helfer aus den Vereinen					50m ZL				09.45	
10.00		50m ZL	Hoch				S-Ball	Weit 1	Weit 2	10.00	
10.20						100m ZL				10.20	
10.35					100m ZL					10.35	
10.45							S-Ball		100m ZL	10.45	
10.55									100m ZL	10.55	
11.10			Weit 1+2	75m ZL	Hoch	Hoch					11.10
11.25								75m ZL			11.25
11.45				Ball (200g)		100m Einladung					11.45
11.55					800m ZL				800m ZL		11.55
12.05							600m ZL	600m ZL			12.05
12.15			600m ZL								12.15
12.20											12.20
12.25				600m ZL				Weit 1+2			12.25
12.40			S-Ball			1500m ZL				1500m ZL	12.40
						Kugel					
12.55				4x75m ZL				4x75m ZL			12.55
13.15					200m ZL	200m ZL					13.15
13.25											13.25
13.30				Weit 2				Weit 1	200m ZL	200m ZL	13.30
13.45					Kugel				Kugel	Kugel	13.45
13.50							4x50m ZL				13.50
14.00			4x50m ZL								14.00
14.25					4x100m ZL	4x100m ZL					14.25
14.35					4x400m ZL					14.35	
14.45				Schwedenstaffel				Schwedenstaffel		14.45	
Zeit	U6-U10 m+w	m U12	m U14	m U16	m U18 - Sen	w U12	w U14	w U16	w U18 - Senn	Zeit	